

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Happy New Year



<p>9:00am- Morning Walks 5 10:00am- Piano with Audrey-ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda-ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 6 10:00am- Pool Fitness with Lexi- P 11:00am- Morning Fitness- A 1:45pm- Knit & Natter- 3L 2:00pm- Musical Afternoon with Jumpin' Jimmy-ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 7 10:00am- Musical Morning with Andrew- 2L 10:30am- Blood Pressure & Weight Clinic- 3L 11:30am- Line Dancing with Debbie- A 2:00pm- Stretches with Lexi- A 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 8 9:30am- Music with Barb- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Fitness- A 2:00pm- Town Hall Meeting- A 3:00pm- Afternoon Walks</p> <p>LEXI IS OFF New Year's Day</p>	<p>9:00am- Morning Walks 9 9:30am- Music with Barb- 2L 10:00am- DrumFit with Lexi- A 10:30am- Chit & Chat with Lexi- 3L 1:45pm- BINGO with Kirsten- 2L 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 10 10:00am- Morning Documentary- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML</p>	<p>9:00am- Morning Walks 4 10:00am- Morning Movie- 2L 2:00pm- Euchre, Billiards & Cribbage with Jack & Linda- ML 3:00pm- Afternoon Walks 7:00pm- Musical Evening with Graeme Crabb- ML</p>
<p>9:00am- Morning Walks 12 10:00am- Piano with Audrey-ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda-ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 13 10:00am- Pool Fitness with Lexi- P 11:00am- Morning Fitness- A 1:45pm- Knit & Natter- 3L 1:45pm- Afternoon Movie with Lexi- A 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 14 9:00am- Pancake Breakfast with Lexi & Kirsten- 3L (Sign-up) 10:30am- Bible Study with Jeff Nault- 3L 10:00am- Pharmacy Talk with Becky- PR (Sign-up) 11:30am- Line Dancing with Debbie- A 2:00pm- Stretches with Lexi- A 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 15 9:30am- Music with Barb- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Fitness- A 2:00pm- Musical Afternoon with Roxy Swan- ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 16 10:00am- DrumFit with Lexi- A 10:30am- Chit & Chat with Lexi- 3L 12:00pm- Takeout Lunch with Lexi- 3L (Sign-up) 1:45pm- BINGO with Kirsten- 3L 2:00pm- Food Forum- A 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 17 10:00am- Morning Documentary- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML</p>	<p>9:00am- Morning Walks 18 10:00am- Morning Movie- 2L 2:00pm- Euchre, Billiards & Cribbage with Jack & Linda- ML 3:00pm- Afternoon Walks</p>
<p>9:00am- Morning Walks 19 10:00am- Piano with Audrey-ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda-ML 3:00pm- Afternoon Walks</p> <p>Activity Professionals Week</p>	<p>9:00am- Morning Walks 20 10:00am- Pool Fitness with Lexi- P 11:00am- Morning Fitness- A 1:45pm- Knit & Natter- 3L 2:00pm- Musical Afternoon with Ron Edgeley- ML 3:00pm- Afternoon Walks</p> <p>Martin Luther King Jr. Day</p>	<p>9:00am- Morning Walks 21 10:00am- DrumFit with Lexi- A 10:00am- Musical Morning with Andrew- 2L 11:30am- Line Daning with Debbie- A 2:00pm- Stretches with Lexi- A 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 22 10:00am- Crosswords with Kirsten- 3L 10:00am- Morning Stretches with Lexi- 2L 11:00am- Morning Fitness- A 2:00pm- Afternoon Games with Lexi- 3L 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 23 9:30am- Music with Barb- 2L 10:00am- Perth Shopping & Lunch Out with Lexi (Sign-up) 1:45pm- BINGO with Kirsten- 3L 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 24 10:00am- Morning Documentary- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML</p>	<p>ROBBIE BURNS DAY 25 <u>(WEAR YOUR PLAID)</u></p> <p>9:00am- Morning Walks 10:00am- Morning Movie- 2L 2:00pm- Euchre, Billiards & Cribbage with Jack & Linda- ML 3:00pm- Afternoon Walks</p>
<p>9:00am- Morning Walks 26 10:00am- Piano with Audrey-ML 10:00am- Virtual Church Service- 2L 2:00pm- Piano with Velda-ML 3:00pm- Afternoon Walks</p> <p>Australia Day (Observed)</p>	<p>9:00am- Morning Walks 27 10:00am- Pool Fitness with Lexi- P 11:00am- Morning Fitness- A 1:45pm- Knit & Natter- 3L 2:00pm- Crafts with Lexi- 3L 3:00pm- Afternoon Walks</p>	<p>9:00am- Morning Walks 28 10:00am- DrumFit with Lexi- A 10:30am- Bean Bag Toss with Lexi- 2L 10:30am- Bible Study with Jeff Nault- 3L 11:30am- Line Dancing with Lexi- A 2:00pm- Stretches with Lexi- A 2:00pm- Euchre, Cribbage & Billiards with Jack & Linda- ML</p>	<p>9:00am- Morning Walks 29 10:00am- Crosswords with Kirsten- 3L 10:00am- Sing-a-Long with Lexi- 2L 11:00am- Morning Fitness- A 2:00pm- Musical Afternoon with Arlene Quinn- ML 3:00pm- Afternoon Walks</p> <p>Chinese New Year (Year of the Snake)</p>	<p>9:30am- Music with Barb- 2L 10:00am- DrumFit with Lexi- A 10:30am- Chit & Chat with Lexi- 3L 1:45pm- BINGO with Kirsten- 3L 3:00pm- Afternoon Walks 4:45pm- Dinner Out with Lexi (Sign-up)</p>	<p>9:00am- Morning Walks 31 10:00am- Morning Documentary- 2L 10:00am- Crosswords with Kirsten- 3L 11:00am- Morning Stretches with Lexi- A 2:15pm- Happy Hour with Lexi- ML</p>	<p>Sign-ups Required for: *PANCAKE BREAKFAST WITH LEXI & KIRSTEN *TAKEOUT LUNCH WITH LEXI *PERTH SHOPPING & LUNCH WITH LEXI *DINNER OUT WITH LEXI *PHARMACY TALK</p>

TUCK SHOP IS OPEN WEDNESDAYS FROM 10:30AM-11:30AM- LEGEND: A=AUDITORIUM/ML=MAIN LOBBY/2L=2ND FLOOR/3L=3RD FLOOR/P=POOL/PR=PARTY ROOM (P2)